



## INTERNATIONAL CONFERENCE ON

### THE HEALTH HUMANITIES: Poetics of Wellness, Illness, and the Disciplined Body

**Date: 25<sup>TH</sup> -26<sup>TH</sup> February 2026 (Hybrid Mode)**

#### Organized by

Department of English & Department of Physical Education  
Chandrakona Vidyasagar Mahavidyalaya  
Chandrakona, Paschim Medinipur, West Bengal, India

#### ABOUT THE CONFERENCE

The conference titled explores how human experiences of health, suffering, and physical cultivation are shaped through cultural, philosophical, and aesthetic frameworks. In an age where wellbeing is increasingly discussed across social, psychological, and technological domains, this conference seeks to examine the ways in which narratives, symbols, and embodied practices influence our understanding of the healthy and the afflicted body. By bringing together diverse scholarly voices, it offers a platform to rethink how wellness is imagined, communicated, and enacted in contemporary contexts. The conference aims to open dialogues on the cultural construction of discipline, resilience, vulnerability, and healing, highlighting the body not only as a biological entity but also as a site of meaning, identity, and social negotiation. It invites researchers to critically explore how human life stories, practices, and representations shape holistic wellbeing.

#### CONCEPT NOTE

The conceptual grounding of this conference lies in the expanding domain of the Health Humanities, a field that interrogates how human wellbeing—whether physical, emotional, or social—is shaped by cultural narratives, symbolic structures, and embodied practices. Within this framework, the body is not merely a biological entity but a site of meaning, interpretation, and continuous negotiation. Wellness and illness emerge as dynamic constructs influenced by aesthetic expression,

historical forces, and evolving social expectations. The notion of the “disciplined body” further illustrates how human beings internalize, resist, or reshape normative ideas surrounding health, performance, and self-regulation.

The poetics of wellness and illness serves as an entry point into examining how language, imagery, and metaphor structure our understanding of bodily states. These narrative formations extend beyond artistic representation; they guide how societies conceptualize suffering, care, resilience, and transformation. At the same time, disciplines that engage directly with bodily training and movement foreground the experiential dimensions of discipline, habit formation, and embodied learning. Through this theoretical convergence, the conference seeks to illuminate how meaning-making processes intersect with corporeal practices to shape holistic human experience.

By foregrounding interdisciplinary inquiry without privileging any single academic domain, the conference emphasizes the inseparability of narrative, culture, and embodiment in shaping human health. It aims to create a space where theoretical reflection can reveal how bodies are written, disciplined, imagined, and lived. Ultimately, the event aspires to deepen collective understanding of wellness as an ongoing, culturally embedded, and meaning-rich human process.

#### CALL FOR PAPERS

We invite original abstracts from students, research scholars, teachers, academicians and industry professionals across disciplines. The abstract should not exceed 200 words (5-6 keywords) written in Times New Romans font with 12 font size. The length of the full paper should be confined within 3000 words (including abstract, figures, tables and references) in A4 size paper written in Times New Romans font, 12 font size, 1.5 line spacing with APA reference style. The author(s) name, affiliation, the title of the Sub-theme should be clearly mentioned. Abstract along with payment receipt should be mailed to [internationalconferenceckvm@gmail.com](mailto:internationalconferenceckvm@gmail.com)

The contributors may address the following sub-themes, but not limited to:

1. Representations of the Body
2. Poetics of Pain, Injury, and Recovery
3. Colonial/Postcolonial Discourses on Discipline and the Body
4. Literary Constructions of Endurance and Vulnerability
5. Gendered Bodies: Identity, Wellness & Athletics
6. Mind–Body Dualism in Literature and Sport
7. Disability, Illness Narratives & Movement Studies
8. Ageing and the Body
9. Mental Health in Literature and Sports Psychology
10. Yogic and Indigenous Body Cultures in Texts

11. Sports Biographies as Health Humanities Texts
12. Trauma, Memory, and Rehabilitation Narratives
13. Wellness Rhetoric in Media & Digital Culture
14. Ethics of Care
15. Body as Performance
16. Ecocriticism, Environment & the Healthy Body
17. Cultural Histories of Exercise and Physical Discipline
18. Exercise Physiology, Sports medicine, Posture

#### IMPORTANT DATES

Registration starts on:	15 <sup>th</sup> January 2026
Abstract submission deadline:	16 <sup>th</sup> February 2026
Notification of acceptance:	18 <sup>th</sup> February 2026
Registration deadline:	21 <sup>st</sup> February 2026
Full paper submission:	15 <sup>th</sup> March 2026

#### REGISTRATION FEES

Category	Registration Fees*
UG students (of CVM)	INR 200
UG/PG students (of other institutions)	INR 300
Faculty/Academician/ Researchers	INR 900
International participants	USD 30

\*Registration for all authors is mandatory. On-spot registration will not be entertained.

#### ACCOMODATION

Paid accommodation will be provided to out-station participants at nearby hotel/lodge on a first-come-first-serve basis.

#### PAYMENT DETAILS

Bank Name:	UCO BANK
Branch:	CHANDRAKONA
ACCOUNT NO	06430100002590
IFSC:	UCBA0000643
Swift Code:	



#### PUBLICATION

Selected papers are likely to be published in a blind peer reviewed edited volume / conference proceedings by an International/National publisher with ISBN number.

ORANISING COMMITTEE

Chief Patron	Mr. Arup Dhara, GB President, MLA, Chandrakona-II Assembly)
Patron	Dr. Manoranjan Goswami, Principal
Convenors	Dr. Debaditya Chakraborty, HoD, English Department Dr. Tirtha Mondal, HoD, Physical Education Department
Organizing Members	1.Mr. Sudarshan Chakraborty 2. Dr. Samana Madhuri 3. Mr. Avijit Housi 4. Mr. Santi Nath Patra 5. Ms. Priyanka Koley 6. Dr. Sanjoy Dolai 7. Mr. Sourav Mukhopadhayay 8. Mr Tridib Khan
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CONTACTS

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REGISTRATION LINK

<https://forms.gle/kn3E7rVzSzz5Apwo8>

RESOURCE PERSONS AND SPEAKERS



ABOUT THE COLLEGE



Chandrakona Vidyasagar Mahavidyalaya, affiliated to Vidyasagar University, came into existence on 16th December, 1985. Spread over 4.09 acres with the built-up area of 4557 square meters, the college is situated in a semi-urban E category municipality. It is a UGC approved NAAC accredited (B<sup>+</sup>), NIRF listed institution and gained recognition under the UGC Act of 1956 U/S 2(f) & 12 (B) in 1994.

The college teaches courses in Humanities/Arts and Science streams. At present it has thirteen Honours and two General UG programmes. 18 full time faculties and 32 other teachers under the effective guidance of the Governing Body and the Principal, support of 23 non-teaching staff contribute wholeheartedly towards fruitful academic interactions and exchanges on and off the campus.

LOCATION

The college is 18 km from Chandrakona Road Railway Station, 45 km from Medinipur Railway Station, 90 km from Burdwan Railway Station, and 174 km from Netaji Subhas Chandra Bose International Airport (Kolkata). The college is well connected with National Highways.

We cordially invite you all to be a part of this seminar and make it a grand success.

With Regards,

Convenors:

